

Back to School Cafeteria Newsletter SY 23-24

Chartwells in partnership with the Hartland Lakeside School District continues to serve up happy and healthy in your school cafeterias.

We can't wait to welcome students back to the cafeteria for breakfast and lunch this year! Students will once again have a choice of entrée, fruit, vegetable, and milk.

In order to be a reimbursable meal, students are required to take a fruit and/or vegetable with their meal.

We plan our menus to include foods kids love to eat and a variety of nourishing foods to support learning, growth, and development. We will serve a variety of fruits and vegetables for students to choose on our salad bars.

Questions or Comments?

Bethany Waala RD, CD
DIRECTOR OF DINING SERVICES
262-369-6750
bwaala@hartlake.org

Spotlight

Meal Pricing

In order to support the rising cost of labor and product, lunch prices have increased.

See meal prices on page 3 of this newsletter.

Thank you for your continued support!

Dining Services Administrative Assistant

In October 2022, we welcomed Karen Miller as our administrative assistant in the food service department.

She can assist with birthday treat questions and student account/lunch balance questions.



You can contact Karen at the email below:
kmiller@hartlake.org

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A la Carte

A la carte snacks and beverages are available to students at North Shore Middle School. We are excited to offer a variety of fun foods such as freshly baked cookies, ice cream, chips, milk, 100% juices and water. Students must have funds available in their account to purchase these items.

Students at North and South can purchase extra milk for \$0.40.

As a reminder, the meal price for a reimbursable/complete meal includes milk.



Allergies

If your child has any food related allergies, you must contact your school nurse and forward any medical information and forms **yearly** to the Dining Services Office. Please contact Bethany Waala at bwaala@hartlake.org with any concerns and to submit the [Special Dietary Needs Medical Statement](#).

Join your Child for Lunch:

Here is your open invitation to join us for lunch! Adult meals include entrée, fruit, vegetable, and milk.

Breakfast

Breakfast is available every morning before school at each building.

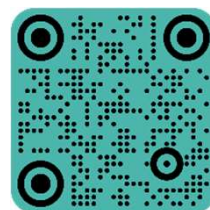
We offer a variety of whole grain entrees, so your student is sure to find something they enjoy.

NEW this year: Starting 9/13 NSMS students will have a hot breakfast sandwich option every Wednesday. We will increase number of days/week as demand increases.

Countless studies have shown that breakfast in the morning supports learning through out the day and curbs behavioral issues in the classroom.

Let us help your student(s) start the day nourished and ready to learn!

Birthday Treats



Scan me
to order!

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Adding funds to your family's account

Pre-pay for meals with cash, check or online payments

The HLSD requires payment in advance for school meals and milk. You can send cash or check on a weekly, monthly, or semester basis for deposit in the Student Lunch Account. You may also pay online using E-funds.

Put cash or a check (payable to the HLSD) in an envelope. On a separate sheet or on the outside of the envelope, write the names of your children. Drop the envelope off at the front office of your child's school.

To have money in your child's account on the first day of school, please make a deposit by August 31, 2023.

During the school year, money received in the morning will be recorded in time for the **next day's** lunch.

If you have questions about payments, please contact Maureen Lawler at 262-369-6780

Stay Connected

To access the Chartwells Dining Services Website, go to the HLSD website at <http://www.hartlake.org>.

After you have accessed the district's website, hover over the Departments & Services tab and click on the link for Food Services.

You will be able to access all school menus, Efunds, school dining information, news about Chartwells and links to health and nutritional information.

View the most up-to-date menu at hartlake.nutrislice.com

SY 23-24 Meal Pricing

Elementary Lunch: \$3.15

NSMS Tier 1 Lunch:
\$3.40

NSMS Tier 2 Lunch:
\$3.75

Breakfast:
\$1.80

Keeping Track of your Account Balance:

We use an automated service to send an email notice and/or phone call when your account balance has reached +\$5.00 and when there is a negative account balance. Email notices and phone calls will be biweekly.

North Shore students may ask about their account balance any time they go through the lunch line.

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Free/Reduced Priced Meal Information

The last status determination carries over until October 16, 2023, so you must submit an application to prevent a disruption in meal benefits.

The data from these applications also allows the district and/or your family to qualify for additional aid in some instances.

Applications can be completed online via the district web page. If you do not have access to a computer, please contact Maureen Lawler at 262-369-6780 for a paper application.

Paper applications will also be available at orientations and open houses.



Cafeteria Programs



Elementary students will have monthly opportunities this school year to participate in programming such as the Moodies and Discovery Kitchen. The Moodies allow students to connect what they eat with how they feel.

Discovery Kitchen allows students a fun and safe environment to explore new flavors.

Chartwells is launching a *NEW* program at NSMS!



Global Eats turns food into a worldly adventure and encourages students to eat together and taste new foods and flavors while learning about different cultures.

Over the course of 4 weeks, students will be learning about Mexico, Italy, India, and China. Each week, new menu items will be introduced featuring the unique ingredients and authentic recipes from each featured country that were created in partnership with a series of celebrity chefs who specialize in global cuisines.

Of course, there will be cool SWAG with all our programs.



NSMS Meal Service FAQs



What's on the Menu?

We serve food kids love to eat! Freshly Baked Pizza, Crispy Chicken Sandwiches and Made-to-Order subs are just a few...

American Classic station rotates daily with items such as Mashed Potato & Popcorn Chicken Bowl, Orange Chicken, Breakfast-for-Lunch and more!

Grilled station rotates 3 choices daily with items such as Corn dog on Stick, Hamburger, and BBQ Pulled Pork Sandwich.

2mato station offers homemade cheese and pepperoni pizza everyday. Sausage is a special once a week.

So Deli station offers build your own sandwiches daily. Try them toasted!

On the Go station offers grab and go parfaits and salads for times when students are in a hurry or just don't want to wait.

Sono station offers Taco and Nacho bar every Tuesday and Thursday.

A meal isn't complete with out a fruit and/or vegetable, so we offer a hot vegetable of the day, a variety of fresh vegetables on our salad bar, and variety of fresh, canned, and dried fruits on our salad bar.

Breakfast entrees include homemade muffin tops, granola bars, and cereal. New this year: hot breakfast sandwiches available on Wednesdays. A variety of fruit including 100% fruit juice, milk, and hard-boiled eggs are also available to complete the meal.

What is the Cost?

NSMS offers paid student pricing in two tiers. Both tiers include entrée, fruit and/or vegetable, and milk. Students must take a fruit and/or vegetable to make it a complete/reimbursable meal. Please encourage your students to do so to get the best pricing!

Tier 1: \$3.40 (American classics, Grilled, and On the Go)

Tier 2: \$3.75 (Taco/Nacho bar, So Deli, and 2Mato)

If you think you may qualify for free or reduced priced meals, please complete an application each school year.

NSMS breakfast is \$1.80 (Includes entrée, 2 fruits, and milk. Students must choose 3 items to make a complete/reimbursable meal and one item must be a fruit.)

You can add money to your student's lunch account via efunds.

What are the a la carte options?

We offer a variety of "fun" foods for students to purchase a la carte. A sample of our offerings and prices is below.

Freshly Baked Cookies \$0.50

Chips (variety) \$1.25

Cedar Crest Ice Cream \$1.00-\$1.25

Whole Grain Muffin (variety) \$1.00

Fruit Snack \$0.75

Water \$1.00-\$1.50

Naked Fruit Smoothie \$2.50

Rice Krispies \$1.25

100% Juice & Izzie \$1.50-\$2.50

Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

Non-discrimination Statement:

In accordance with federal civil rights and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 702-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov